

**USATF National Club Cross Country Championships**  
**Plantes Ferry Sports Complex -Spokane, WA 12/8/18**  
**Results at RecordTiming.com**

<b>Place</b>	<b>Name</b>	<b>Bib#</b>	<b>Age</b>	<b>Sex</b>	<b>Affiliation</b>	<b>Time</b>	<b>Pace</b>
1	Jorge Maravilla	1448	41	M	West Valley Track Club-A	32:53	5:18
2	Eric Loeffler	1499	41	M	Run MN-A	33:07	5:20
3	David Angell	1487	42	M	Roanoke Valley Elite	33:14	5:21
4	Neville Davey	1543	43	M	West Valley Track Club-A	33:39	5:25
5	John Howell	1339	45	M	Bowerman Track Club-A	33:41	5:26
6	Jacques Sallberg	1363	44	M	Cal Coast Track Club-A	33:42	5:26
7	Gregory Mitchell	1341	45	M	Bowerman Track Club-A	33:46	5:27
8	Steven Short	1539	42	M	Team Red Lizard-A	33:49	5:27
9	Jaime Heilpern	1445	48	M	HOKA Aggie Running Club-A	33:50	5:27
10	John Gardiner	1360	46	M	Cal Coast Track Club-A	33:51	5:27
11	David Bedoya	1310	41	M	Boston Athletic Association-A	33:52	5:27
12	Scott Williams	1349	40	M	Bowerman Track Club-A	33:53	5:28
13	Eric Hartmark	1493	40	M	Run MN-A	33:55	5:28
14	Todd Rose	1556	45	M	West Valley Track Club-A	33:56	5:28
15	Matthew Carter	1313	40	M	Boston Athletic Association-A	33:59	5:29
16	Joshua Gordon	1335	44	M	Bowerman Track Club-A	34:02	5:29
17	Orin Schumacher	1343	45	M	Bowerman Track Club-A	34:03	5:29
18	Brendan Prindiville	1322	41	M	Boston Athletic Association-A	34:08	5:30
19	Peter Hammer	1317	52	M	Boston Athletic Association-A	34:09	5:30
20	Ryan McCalmon	1320	43	M	Boston Athletic Association-A	34:13	5:31
21	Jesse Zentz	1439	42	M	Helena Vigilante Runners	34:14	5:31
22	Tim Hardy	1492	43	M	Run MN-A	34:15	5:31
23	Alan Jackson	1446	44	M	HOKA Aggie Running Club-A	34:23	5:32
24	Lance Thompson	1397	42	M	Club Northwest-A	34:29	5:33
25	Brantley Lutz	1401	43	M	Dukes Track Club	34:35	5:34
26	Jesse Barragan	1522	40	M	SRA Elite-A	34:38	5:35
27	Alan Black	1300	45	M	Atlanta Track Club-A	34:38	5:35
28	Michael Bresson	1378	47	M	Club Northwest-A	34:38	5:35
29	Charlie Brenneman	1525	40	M	SRA Elite-A	34:39	5:35
30	Benjamin Mangrum	1533	40	M	Tacoma City Running Club	34:42	5:36

31	Andy Gardiner	1315	53	M	Boston Athletic Association-A	34:43	5:36
32	Olivier Vrambout	1503	44	M	Run MN-A	34:47	5:36
33	Mark Bloudek	1375	44	M	Club Northwest-A	34:51	5:37
34	Konrad Knutsen	1546	42	M	West Valley Track Club-A	34:52	5:37
35	Julian Marsh-NC	1549	45	M	West Valley Track Club	34:53	5:37
36	Christopher Magill	1319	45	M	Boston Athletic Association-A	34:53	5:37
37	Ahrlin Bauman	1324	45	M	Bowerman Track Club-A	34:54	5:37
38	Patrick Russell	1502	42	M	Run MN-A	34:56	5:38
39	Jonathan Frieder	1404	48	M	Garden State Track Club New Ba	34:57	5:38
40	Carl Combs	1379	53	M	Club Northwest-A	34:58	5:38
41	Paul Jones	1352	43	M	Bull City Track Club-A	35:01	5:39
42	Nat Larson	1431	56	M	Greater Springfield Harriers,	35:01	5:39
43	Eric Johnson	1495	44	M	Run MN-A	35:05	5:39
44	Jason Page	1353	44	M	Bull City Track Club-A	35:11	5:40
45	Torrey Lindbo	1536	46	M	Team Red Lizard-A	35:12	5:40
46	Scott Abbott	1521	41	M	SRA Elite-A	35:13	5:40
47	Ulrich Steidl	1512	46	M	Seattle Running Club-A	35:14	5:41
48	Tim Willcox	1461	40	M	Movin' Shoes Race Team-A	35:14	5:41
49	Thomas McGlynn	1550	46	M	West Valley Track Club-A	35:16	5:41
50	Michael Nahom	1434	51	M	Greater Springfield Harriers,	35:18	5:41
51	Christian Cushing-murray	1359	51	M	Cal Coast Track Club-A	35:20	5:42
52	Nicholas Bowden	1376	47	M	Club Northwest-A	35:25	5:42
53	Jason Batterson	1484	42	M	Prado Racing Team	35:28	5:43
54	Eric Stabb	1306	50	M	Atlanta Track Club-A	35:33	5:44
55	Kenny Miller	1501	41	M	Run MN-A	35:35	5:44
56	Thomas Knowles	1405	43	M	Garden State Track Club New Ba	35:36	5:44
57	Eric Hartmann	1338	50	M	Bowerman Track Club-A	35:41	5:45
58	Thomas Bache	1505	46	M	San Diego Track Club	35:45	5:46
59	Mark Hixson	1430	53	M	Greater Springfield Harriers,	35:45	5:46
60	Sam Teigen	1410	44	M	Garden State Track Club New Ba	35:46	5:46
61	Ian Fraser	1381	44	M	Club Northwest-A	35:47	5:46
62	Gabriel Kliot-NC	1387	41	M	Club Northwest	35:49	5:46
63	Craig Magness	1362	46	M	Cal Coast Track Club-A	35:49	5:46
64	John Montgomery	1552	43	M	West Valley Track Club-B	35:50	5:46
65	Eric Shafer	1483	49	M	Pittsburgh Pharaoh Hounds	35:51	5:47

66	Chris Lundstrom	1500	42	M	Run MN-A	35:55	5:47
67	Brian Sydow	1307	45	M	Atlanta Track Club-A	35:58	5:48
68	Eric Williams	1348	54	M	Bowerman Track Club-A	35:59	5:48
69	Jonah Backstrom	1540	45	M	West Valley Track Club-A	36:01	5:48
70	Tony Young	1399	56	M	Club Northwest-A	36:02	5:48
71	Darren Moore	1538	44	M	Team Red Lizard-A	36:07	5:49
72	William Lindell	1498	51	M	Run MN-A	36:10	5:50
73	Daniel Bartosz	1534	42	M	Team Red Lizard-A	36:11	5:50
74	Justin Daghish-NC	1425	41	M	Greater Lowell Road Runners	36:12	5:50
75	Edward Randolph	1555	49	M	West Valley Track Club-A	36:14	5:50
76	Charles Mullane	1553	49	M	West Valley Track Club-A	36:15	5:50
77	Mark Zamek	1413	55	M	Garmin Runners	36:16	5:51
78	Dan Feda	1491	44	M	Run MN-A	36:18	5:51
79	Kent Lemme	1432	52	M	Greater Springfield Harriers,	36:19	5:51
80	Elliott Frieder	1403	48	M	Garden State Track Club New Ba	36:23	5:52
81	Frederick Herr	1361	52	M	Cal Coast Track Club-A	36:23	5:52
82	Orestes Gutierrez	1337	42	M	Bowerman Track Club-A	36:24	5:52
83	Matt Seeley	1567	48	M	Unattached-M13	36:27	5:52
84	Brent Fields	1302	46	M	Atlanta Track Club-A	36:28	5:52
85	Brett Bernacchi	1473	46	M	Phoenix Free Soles-A	36:31	5:53
86	Craig Godwin	1334	51	M	Bowerman Track Club-A	36:38	5:54
87	Ed Brooks	1526	47	M	SRA Elite-A	36:43	5:55
88	Shawn Crockett	1561	49	M	Unattached-M7	36:46	5:55
89	Michael Thomas	1460	49	M	Movin' Shoes Race Team-A	36:47	5:56
90	Christopher Benestad	1311	41	M	Boston Athletic Association-B	36:49	5:56
91	Dean Thompson	1372	53	M	Chattanooga Track Club-A	36:50	5:56
92	Matthew Waite	1504	50	M	Run MN-A	36:56	5:57
93	Allen Baddour	1351	47	M	Bull City Track Club-A	36:58	5:57
94	Chris Georgules	1316	45	M	Boston Athletic Association-B	36:58	5:57
95	John Markell-NC	1548	45	M	West Valley Track Club	37:00	5:58
96	Tony Gerbino	1383	54	M	Club Northwest-A	37:02	5:58
97	Nate Bowen	1541	42	M	West Valley Track Club-A	37:04	5:58
98	Mark LaRosa	1318	40	M	Boston Athletic Association-B	37:05	5:58
99	Shanon Winkelman	1367	48	M	Cal Coast Track Club-A	37:05	5:59
100	Alan Evans	1415	55	M	Genesee Valley Harriers-A	37:06	5:59
101	Jamey Gifford	1545	40	M	West Valley Track Club-B	37:07	5:59
102	Ryan Davenport	1314	44	M	Boston Athletic	37:08	5:59

					Association-B		
103	Gary Blanco	1523	51	M	SRA Elite-A	37:09	5:59
104	Scott Tucker	1347	56	M	Bowerman Track Club-A	37:09	5:59
105	Mike Nier	1418	54	M	Genesee Valley Harriers-A	37:11	5:59
106	Steve Kirschke	1564	47	M	Unattached-M10	37:21	6:01
107	Michael Joh Stanley	1366	47	M	Cal Coast Track Club-A	37:25	6:02
108	Dan Franek	1332	53	M	Bowerman Track Club-A	37:28	6:02
109	Stephen Bean	1325	57	M	Bowerman Track Club-A	37:28	6:02
110	Paul Wellman	1485	40	M	Prado Racing Team	37:31	6:03
111	Mike Blackmore	1326	56	M	Bowerman Track Club-A	37:32	6:03
112	Mario Cadete	1542	46	M	West Valley Track Club-B	37:33	6:03
113	Shawn Williams	1412	41	M	Garden State TC	37:34	6:03
114	Chris Weiss	1308	43	M	Atlanta Track Club-A	37:35	6:03
115	Lance Logan	1389	54	M	Club Northwest-A	37:38	6:04
116	James Callaghan	1312	49	M	Boston Athletic Association-B	37:39	6:04
117	Chris McGinness	1537	40	M	Team Red Lizard-A	37:39	6:04
118	Ryan Carlson	1535	42	M	Team Red Lizard-A	37:40	6:04
119	Richard Osifchin	1407	54	M	Garden State Track Club New Ba	37:41	6:04
120	Todd Poremba	1395	49	M	Club Northwest-A	37:42	6:04
121	Royce Hogue	1563	55	M	Unattached-M9	37:43	6:05
122	John Reich	1477	49	M	Phoenix Free Soles-A	37:44	6:05
123	Patrick Billig	1488	56	M	Run MN-A	37:46	6:05
124	David McCulloch	1390	48	M	Club Northwest-A	37:47	6:05
125	Anthony McGrath	1469	51	M	Pamakids-A	37:50	6:06
126	Jeff Turner	1482	46	M	Phoenix Free Soles-A	37:52	6:06
127	Charles Joy	1518	41	M	Spokane Distance Project-A	37:53	6:06
128	Mark Reeder	1427	59	M	Greater Lowell Road Runners	37:54	6:06
129	Gary Gellin	1442	50	M	HOKA Aggie Running Club-A	37:56	6:07
130	Wesley Sealand	1344	54	M	Bowerman Track Club-B	37:57	6:07
131	Robert Economy	1490	54	M	Run MN-A	37:59	6:07
132	Jason Timochko	1411	42	M	Garden State Track Club New Ba	38:04	6:08
133	Ben Sauvage	1479	49	M	Phoenix Free Soles-A	38:04	6:08
134	Mark Donahue	1380	47	M	Club Northwest-A	38:05	6:08
135	Paul Kramer	1475	50	M	Phoenix Free Soles-A	38:06	6:08
136	Zachary Redding	1459	40	M	Movin' Shoes Race Team-A	38:09	6:09
137	Thomas Schumann	1364	53	M	Cal Coast Track Club-A	38:10	6:09
138	Michael McGrane	1321	48	M	Boston Athletic Association-B	38:13	6:09

139	Erich Ackermann	1440	50	M	HOKA Aggie Running Club-A	38:14	6:10
140	Alejandro Heuck	1429	53	M	Greater Springfield Harriers,	38:20	6:10
141	Bill Brist	1421	54	M	Great Falls Track Club	38:20	6:11
142	Shawn Conway	1424	48	M	Greater Lowell Road Runners	38:21	6:11
143	Corey Brantley	1559	46	M	Unattached-M5	38:24	6:11
144	Francis Burdett	1428	53	M	Greater Springfield Harriers,	38:26	6:12
145	Beau Seegmiller	1309	48	M	Boise Betties & Billies	38:26	6:12
146	Acy Roff	1396	54	M	Club Northwest-A	38:27	6:12
147	Michael Fadling	1528	50	M	SRA Elite-A	38:30	6:12
148	Jim Walsh	1455	58	M	Jamul Toads-A	38:32	6:12
149	Andrew Chan	1463	47	M	Pamakids-A	38:35	6:13
150	Ryan Shrum	1371	51	M	Chattanooga Track Club-A	38:35	6:13
151	Joe Bisignano	1374	58	M	Club Northwest-A	38:37	6:13
152	Carl Winter	1398	52	M	Club Northwest-B	38:38	6:13
153	Dale Flanders	1416	53	M	Genesee Valley Harriers-A	38:39	6:14
154	Paul Abdalla	1373	57	M	Club Northwest-A	38:40	6:14
155	John O'Hearn	1394	56	M	Club Northwest-A	38:41	6:14
156	Jeff Soares	1508	55	M	Santa Cruz Track Club	38:41	6:14
157	Gary Leaman	1406	59	M	Garden State Track Club New Ba	38:41	6:14
158	Theodor Schnauffer	1419	54	M	Genesee Valley Harriers-A	38:44	6:14
159	Peter Kotchen	1303	49	M	Atlanta Track Club-A	38:47	6:15
160	Ricardo Maldonado	1476	54	M	Phoenix Free Soles-A	38:51	6:16
161	Brad Slavens	1304	49	M	Atlanta Track Club-A	38:55	6:16
162	Timothy Ensign	1369	55	M	Chattanooga Track Club-A	38:55	6:16
163	Travis Price	1554	42	M	West Valley Track Club-B	38:57	6:17
164	Lars Schmitz-NC	1557	40	M	West Valley Track Club	38:58	6:17
165	Bryan Stevens	1481	40	M	Phoenix Free Soles-A	39:00	6:17
166	Chris Forti	1400	40	M	Dashing Whippets Running Team	39:01	6:17
167	Kevin Barda	1357	51	M	Cal Coast Track Club-A	39:05	6:18
168	Matthew Farley	1331	50	M	Bowerman Track Club-A	39:07	6:18
169	Iain Mickle	1530	58	M	SRA Elite-A	39:09	6:18
170	Douglas Cross	1368	50	M	Chattanooga Track Club-A	39:13	6:19
171	Kevan Chu	1506	50	M	Santa Cruz Track Club	39:19	6:20
172	Daniel Salazar	1437	53	M	Guerilla Running	39:22	6:21
173	Roger Dix	1441	51	M	HOKA Aggie Running	39:23	6:21

					Club-A		
174	Jim Larranaga	1497	53	M	Run MN-A	39:23	6:21
175	Sid Sullivan	1447	52	M	HOKA Aggie Running Club-A	39:24	6:21
176	Zachary Hedling	1468	43	M	Pamakids-A	39:24	6:21
177	John Clifford	1327	56	M	Bowerman Track Club-B	39:29	6:22
178	Bob Brennand	1377	57	M	Club Northwest-A	39:29	6:22
179	Zachary Ames	1509	47	M	Seattle Running Club-A	39:36	6:23
180	Ben Jones	1457	44	M	Movin' Shoes Race Team-A	39:38	6:23
181	Denis Glenn	1467	48	M	Pamakids-A	39:44	6:24
182	Rob Class	1489	58	M	Run MN-A	39:45	6:24
183	Joe Van De Water	1531	51	M	SRA Elite-A	39:51	6:25
184	Michael Axinn	1462	58	M	Pamakids-A	39:52	6:25
185	Ron Lombardi	1433	54	M	Greater Springfield Harriers,	39:55	6:26
186	Russell Fairles	1465	51	M	Pamakids-A	40:01	6:27
187	Ron Hyde	1474	59	M	Phoenix Free Soles-A	40:01	6:27
188	Christopher Rinaldi	1408	49	M	Garden State Track Club New Ba	40:04	6:27
189	John Burton	1560	50	M	Unattached-M6	40:05	6:27
190	Steven Heaps	1511	54	M	Seattle Running Club-A	40:06	6:28
191	Gregory Coughlan	1329	49	M	Bowerman Track Club-A	40:10	6:28
192	William Wheeler	1471	49	M	Pamakids-A	40:15	6:29
193	Sean Messiter	1392	52	M	Club Northwest-B	40:24	6:31
194	Greg Hales	1507	52	M	Santa Cruz Track Club	40:27	6:31
195	David Bischoff	1414	56	M	Genesee Valley Harriers-A	40:28	6:31
196	John Leo	1388	54	M	Club Northwest-B	40:31	6:32
197	Andrew Ehlert	1456	40	M	Movin' Shoes Race Team-A	40:36	6:32
198	Blake Sacha	1478	53	M	Phoenix Free Soles-A	40:40	6:33
199	John Van Kerkhove	1420	56	M	Genesee Valley Harriers-A	40:41	6:33
200	Alan Frindell	1382	41	M	Club Northwest-A	40:48	6:34
201	Bill Fitzner	1516	53	M	Spokane Distance Project-A	41:01	6:36
202	Randall Conner	1464	50	M	Pamakids-A	41:04	6:37
203	Rodney Hemingway	1422	42	M	Greater Boston Track Club	41:05	6:37
204	Jerry Flanagan	1466	53	M	Pamakids-A	41:10	6:38
205	Carl Anstrom	1350	45	M	Bull City Track Club-A	41:25	6:40
206	Steven Kollars	1340	59	M	Bowerman Track Club-B	41:32	6:42
207	E J Hrynowski	1426	56	M	Greater Lowell Road Runners	41:38	6:42
208	Christopher Melleby	1423	40	M	Greater Boston Track	41:43	6:43

					Club		
209	Aric Trantum	1520	47	M	Spokane Distance Project-A	41:45	6:44
210	Peter Kessler	1496	57	M	Run MN-A	41:48	6:44
211	Paul Miller	1458	54	M	Movin' Shoes Race Team-A	41:53	6:45
212	John Johnson	1436	50	M	Guerilla Running	41:57	6:45
213	Martin Tomasi	1354	50	M	Bull City Track Club-A	42:00	6:46
214	Thomas Fuchs	1517	53	M	Spokane Distance Project-A	42:01	6:46
215	Curt Casazza	1527	47	M	SRA Elite-A	42:08	6:47
216	Jeffrey Brandt	1558	54	M	Unattached-M4	42:09	6:47
217	Shad Birkholz	1510	42	M	Seattle Running Club-A	42:10	6:48
218	Jack Brodhead	1514	49	M	Spokane Distance Project-A	42:12	6:48
219	Michael Gorriaran	1336	58	M	Bowerman Track Club-B	42:12	6:48
220	Chuck Coats	1328	59	M	Bowerman Track Club-B	42:17	6:49
221	Matthew Simpson	1365	57	M	Cal Coast Track Club-A	42:20	6:49
222	Mathieu DesJardins	1544	48	M	West Valley Track Club-B	42:24	6:50
223	Mario Balcom	1449	53	M	Jamul Toads-A	42:29	6:51
224	Jacob Michaels	1551	51	M	West Valley Track Club-B	42:32	6:51
225	Mitchell Phariss	1370	59	M	Chattanooga Track Club-A	42:38	6:52
226	Jon Hoerlein	1562	51	M	Eastside Runners-	42:43	6:53
227	Ted Chauvin	1515	45	M	Spokane Distance Project-A	42:49	6:54
228	Ronnie Weed	1355	43	M	Bull City Track Club-A	42:52	6:54
229	John Blue	1524	55	M	SRA Elite-A	42:55	6:55
230	William Cleves	1451	57	M	Jamul Toads-A	42:56	6:55
231	Todd Barnes	1472	55	M	Phoenix Free Soles-A	43:02	6:56
232	Michael Lauffer	1519	53	M	Spokane Distance Project-A	43:10	6:57
233	Bryan Wallbank	1454	50	M	Jamul Toads-A	43:29	7:00
234	Joshua Sundt	1438	46	M	Guerilla Running	43:47	7:03
235	Dave Ross	1566	51	M	Bowerman Track Club-B	43:59	7:05
236	Dan Arsenault	1356	56	M	Cal Coast Track Club-A	44:11	7:07
237	Sean Stevenson	1453	53	M	Jamul Toads-A	44:15	7:08
238	Craig Kenworthy	1386	56	M	Club Northwest-B	44:23	7:09
239	Charles Simpson	1345	50	M	Bowerman Track Club-B	44:37	7:11
240	Rick Siebern	1452	58	M	Jamul Toads-A	44:46	7:13
241	Dave Durand	1402	48	M	Flying Irish Running Club	46:23	7:28
242	Erik Heimann	1435	46	M	Guerilla Running	47:16	7:37
243	Ken Sandberg	1470	49	M	Pamakids-A	47:46	7:42
244	Andy Harris	1486	59	M	River City Rebels	48:06	7:45
245	Jorge Castro	1450	50	M	Jamul Toads-A	49:07	7:55
246	Peter McKay	1391	57	M	Club Northwest-B	50:06	8:04

247	William Swafford	1568	55	M	Unattached-M14	50:28	8:08
248	Mike Spencer	1305	58	M	Atlanta Track Club-A	50:50	8:11

12/08/2018 1:00PM

USATF National Club Cross Country Championships  
 Plantes Ferry Sports Complex -Spokane, WA 12/8/18  
 Results at RecordTiming.com

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 Team Results 40+ Men  
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1. 52 Bowerman Track Club-A ( 33:53 2:49:25 0:22)  
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- 1 4 John Howell 45 33:41 1339
- 2 6 Gregory Mitchell 45 33:46 1341
- 3 11 Scott Williams 40 33:53 1349
- 4 15 Joshua Gordon 44 34:02 1335
- 5 16 Orin Schumacher 45 34:03 1343
- 6 ( 32) Ahrlin Bauman 45 34:54 1324
- 7 ( 59) Orestes Gutierrez 42 36:24 1337
- 8 (106) Gregory Coughlan 49 40:10 1329

2. 78 Boston Athletic Association-A ( 34:05 2:50:21 0:21)  
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- 1 10 David Bedoya 41 33:52 1310
- 2 14 Matthew Carter 40 33:59 1313
- 3 17 Brendan Prindiville 41 34:08 1322
- 4 18 Peter Hammer 52 34:09 1317
- 5 19 Ryan McCalmon 43 34:13 1320
- 6 ( 27) Andy Gardiner 53 34:43 1315
- 7 ( 31) Christopher Magill 45 34:53 1319

3. 88 West Valley Track Club-A ( 34:08 2:50:36 2:23)  
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- 1 1 Jorge Maravilla 41 32:53 1448
- 2 3 Neville Davey 43 33:39 1543
- 3 13 Todd Rose 45 33:56 1556
- 4 30 Konrad Knutsen 42 34:52 1546
- 5 41 Thomas McGlynn 46 35:16 1550
- 6 ( 52) Jonah Backstrom 45 36:01 1540
- 7 ( 55) Edward Randolph 49 36:14 1555
- 8 ( 56) Charles Mullane 49 36:15 1553
- 9 ( 67) Nate Bowen 42 37:04 1541

4. 95 Run MN-A ( 34:12 2:51:00 1:49)  
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- 1 2 Eric Loeffler 41 33:07 1499
- 2 12 Eric Hartmark 40 33:55 1493
- 3 20 Tim Hardy 43 34:15 1492
- 4 28 Olivier Vrambout 44 34:47 1503
- 5 33 Patrick Russell 42 34:56 1502

6 ( 36) Eric Johnson 44 35:05 1495  
7 ( 44) Kenny Miller 41 35:35 1501  
8 ( 50) Chris Lundstrom 42 35:55 1500  
9 ( 57) Dan Feda 44 36:18 1491

5. 165 Club Northwest-A ( 35:02 2:55:10 1:18)

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1 22 Lance Thompson 42 34:29 1397  
2 25 Michael Bresson 47 34:38 1378  
3 29 Mark Bloudek 44 34:51 1375  
4 42 Nicholas Bowden 47 35:25 1376  
5 47 Ian Fraser 44 35:47 1381  
6 ( 80) Todd Poremba 49 37:42 1395  
7 ( 82) David McCulloch 48 37:47 1390  
8 ( 88) Mark Donahue 47 38:05 1380  
9 (109) Alan Frindell 41 40:48 1382

6. 204 Cal Coast Track Club-A ( 35:35 2:57:52 3:43)

=====

1 5 Jacques Sallberg 44 33:42 1363  
2 9 John Gardiner 46 33:51 1360  
3 48 Craig Magness 46 35:49 1362  
4 69 Shanon Winkelman 48 37:05 1367  
5 73 Michael Joh Stanley 47 37:25 1366

7. 222 SRA Elite-A ( 35:41 2:58:22 2:31)

=====

1 23 Jesse Barragan 40 34:38 1522  
2 26 Charlie Brenneman 40 34:39 1525  
3 39 Scott Abbott 41 35:13 1521  
4 62 Ed Brooks 47 36:43 1526  
5 72 Gary Blanco 51 37:09 1523  
6 ( 92) Michael Fadling 50 38:30 1528  
7 ( 99) Iain Mickle 58 39:09 1530  
8 (116) Curt Casazza 47 42:08 1527  
9 (122) John Blue 55 42:55 1524

8. 229 Team Red Lizard-A ( 35:48 2:58:58 3:50)

=====

1 7 Steven Short 42 33:49 1539  
2 38 Torrey Lindbo 46 35:12 1536  
3 53 Darren Moore 44 36:07 1538  
4 54 Daniel Bartosz 42 36:11 1534  
5 77 Chris McGinness 40 37:39 1537  
6 ( 78) Ryan Carlson 42 37:40 1535

9. 253 Atlanta Track Club-A ( 36:03 3:00:12 2:57)

=====

1 24 Alan Black 45 34:38 1300  
2 43 Eric Stabb 50 35:33 1306  
3 51 Brian Sydow 45 35:58 1307  
4 60 Brent Fields 46 36:28 1302  
5 75 Chris Weiss 43 37:35 1308  
6 ( 95) Peter Kotchen 49 38:47 1303

7 ( 96) Brad Slavens 49 38:55 1304  
8 (125) Mike Spencer 58 50:50 1305

10. 262 Garden State Track Club New Ba ( 36:05 3:00:23 2:44)

=====

1 34 Jonathan Frieder 48 34:57 1404  
2 45 Thomas Knowles 43 35:36 1405  
3 46 Sam Teigen 44 35:46 1410  
4 58 Elliott Frieder 48 36:23 1403  
5 79 Richard Osifchin 54 37:41 1407  
6 ( 86) Jason Timochko 42 38:04 1411  
7 ( 94) Gary Leaman 59 38:41 1406  
8 (105) Christopher Rinaldi 49 40:04 1408

11. 305 HOKA Aggie Running Club-A ( 36:46 3:03:46 5:33)

=====

1 8 Jaime Heilpern 48 33:50 1445  
2 21 Alan Jackson 44 34:23 1446  
3 85 Gary Gellin 50 37:56 1442  
4 91 Erich Ackermann 50 38:14 1440  
5 100 Roger Dix 51 39:23 1441  
6 (101) Sid Sullivan 52 39:24 1447

12. 345 Boston Athletic Association-B ( 37:08 3:05:39 0:50)

=====

1 64 Christopher Benestad 41 36:49 1311  
2 66 Chris Georgules 45 36:58 1316  
3 68 Mark LaRosa 40 37:05 1318  
4 71 Ryan Davenport 44 37:08 1314  
5 76 James Callaghan 49 37:39 1312  
6 ( 90) Michael McGrane 48 38:13 1321

13. 362 Bull City Track Club-A ( 38:07 3:10:35 6:59)

=====

1 35 Paul Jones 43 35:01 1352  
2 37 Jason Page 44 35:11 1353  
3 65 Allen Baddour 47 36:58 1351  
4 111 Carl Anstrom 45 41:25 1350  
5 114 Martin Tomasi 50 42:00 1354  
6 (121) Ronnie Weed 43 42:52 1355

14. 403 Movin' Shoes Race Team-A ( 38:05 3:10:24 5:22)

=====

1 40 Tim Willcox 40 35:14 1461  
2 63 Michael Thomas 49 36:47 1460  
3 89 Zachary Redding 40 38:09 1459  
4 103 Ben Jones 44 39:38 1457  
5 108 Andrew Ehlert 40 40:36 1456  
6 (113) Paul Miller 54 41:53 1458

15. 408 West Valley Track Club-B ( 38:23 3:11:51 6:34)

=====

1 49 John Montgomery 43 35:50 1552  
2 70 Jamey Gifford 40 37:07 1545  
3 74 Mario Cadete 46 37:33 1542

4 97 Travis Price 42 38:57 1554  
5 118 Mathieu DesJardins 48 42:24 1544  
6 (119) Jacob Michaels 51 42:32 1551

16. 410 Phoenix Free Soles-A ( 37:51 3:09:11 2:29)

=====

1 61 Brett Bernacchi 46 36:31 1473  
2 81 John Reich 49 37:44 1477  
3 83 Jeff Turner 46 37:52 1482  
4 87 Ben Sauvage 49 38:04 1479  
5 98 Bryan Stevens 40 39:00 1481

17. 530 Pamakids-A ( 41:09 3:25:44 9:11)

=====

1 93 Andrew Chan 47 38:35 1463  
2 102 Zachary Hedling 43 39:24 1468  
3 104 Denis Glenn 48 39:44 1467  
4 107 William Wheeler 49 40:15 1471  
5 124 Ken Sandberg 49 47:46 1470

18. 538 Spokane Distance Project-A ( 40:59 3:24:52 4:19)

=====

1 84 Charles Joy 41 37:53 1518  
2 110 Bill Fitzner 53 41:01 1516  
3 112 Aric Trantum 47 41:45 1520  
4 115 Thomas Fuchs 53 42:01 1517  
5 117 Jack Brodhead 49 42:12 1514  
6 (120) Ted Chauvin 45 42:49 1515  
7 (123) Michael Lauffer 53 43:10 1519

USATF National Club Cross Country Championships  
Plantes Ferry Sports Complex -Spokane, WA 12/8/18  
Results at RecordTiming.com

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Team Results 50+ Men

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1. 50 Greater Springfield Harriers, ( 36:09 3:00:43 3:19)

=====

1 2 Nat Larson 56 35:01 1431  
2 3 Michael Nahom 51 35:18 1434  
3 6 Mark Hixson 53 35:45 1430  
4 10 Kent Lemme 52 36:19 1432  
5 29 Alejandro Heuck 53 38:20 1429  
6 ( 30) Francis Burdett 53 38:26 1428  
7 ( 50) Ron Lombardi 54 39:55 1433

2. 60 Bowerman Track Club-A ( 36:35 3:02:55 1:47)

=====

1 5 Eric Hartmann 50 35:41 1338  
2 7 Eric Williams 54 35:59 1348

3 12 Craig Godwin 51 36:38 1334  
4 17 Scott Tucker 56 37:09 1347  
5 19 Dan Franek 53 37:28 1332  
6 ( 20) Stephen Bean 57 37:28 1325  
7 ( 21) Mike Blackmore 56 37:32 1326  
8 ( 43) Matthew Farley 50 39:07 1331

3. 77 Club Northwest-A ( 36:50 3:04:07 3:29)

=====

1 1 Carl Combs 53 34:58 1379  
2 8 Tony Young 56 36:02 1399  
3 15 Tony Gerbino 54 37:02 1383  
4 22 Lance Logan 54 37:38 1389  
5 31 Acy Roff 54 38:27 1396  
6 ( 34) Joe Bisignano 58 38:37 1374  
7 ( 37) Paul Abdalla 57 38:40 1373  
8 ( 38) John O'Hearn 56 38:41 1394  
9 ( 47) Bob Brennand 57 39:29 1377

4. 117 Run MN-A ( 37:39 3:08:14 3:13)

=====

1 9 William Lindell 51 36:10 1498  
2 14 Matthew Waite 50 36:56 1504  
3 23 Patrick Billig 56 37:46 1488  
4 26 Robert Economy 54 37:59 1490  
5 45 Jim Larranaga 53 39:23 1497  
6 ( 48) Rob Class 58 39:45 1489  
7 ( 61) Peter Kessler 57 41:48 1496

5. 149 Cal Coast Track Club-A ( 38:16 3:11:18 7:00)

=====

1 4 Christian Cushing-murray 51 35:20 1359  
2 11 Frederick Herr 52 36:23 1361  
3 28 Thomas Schumann 53 38:10 1364  
4 42 Kevin Barda 51 39:05 1357  
5 64 Matthew Simpson 57 42:20 1365  
6 ( 71) Dan Arsenault 56 44:11 1356

6. 163 Genesee Valley Harriers-A ( 38:26 3:12:08 3:22)

=====

1 16 Alan Evans 55 37:06 1415  
2 18 Mike Nier 54 37:11 1418  
3 36 Dale Flanders 53 38:39 1416  
4 39 Theodor Schnauffer 54 38:44 1419  
5 54 David Bischoff 56 40:28 1414  
6 ( 57) John Van Kerkhove 56 40:41 1420

7. 197 Chattanooga Track Club-A ( 39:15 3:16:11 5:48)

=====

1 13 Dean Thompson 53 36:50 1372  
2 33 Ryan Shrum 51 38:35 1371  
3 41 Timothy Ensign 55 38:55 1369  
4 44 Douglas Cross 50 39:13 1368  
5 66 Mitchell Phariss 59 42:38 1370

8. 241 Pamakids-A ( 40:00 3:19:57 3:20)

=====

- 1 24 Anthony McGrath 51 37:50 1469
- 2 49 Michael Axinn 58 39:52 1462
- 3 51 Russell Fairles 51 40:01 1465
- 4 58 Randall Conner 50 41:04 1464
- 5 59 Jerry Flanagan 53 41:10 1466

9. 243 Phoenix Free Soles-A ( 40:08 3:20:40 4:56)

=====

- 1 27 Paul Kramer 50 38:06 1475
- 2 40 Ricardo Maldonado 54 38:51 1476
- 3 52 Ron Hyde 59 40:01 1474
- 4 56 Blake Sacha 53 40:40 1478
- 5 68 Todd Barnes 55 43:02 1472

10. 256 Bowerman Track Club-B ( 40:42 3:23:27 4:20)

=====

- 1 25 Wesley Sealand 54 37:57 1344
- 2 46 John Clifford 56 39:29 1327
- 3 60 Steven Kollars 59 41:32 1340
- 4 62 Michael Gorriaran 58 42:12 1336
- 5 63 Chuck Coats 59 42:17 1328
- 6 ( 70) Dave Ross 51 43:59 1566
- 7 ( 74) Charles Simpson 50 44:37 1345

11. 293 Club Northwest-B ( 42:49 3:34:02 11:28)

=====

- 1 35 Carl Winter 52 38:38 1398
- 2 53 Sean Messiter 52 40:24 1392
- 3 55 John Leo 54 40:31 1388
- 4 73 Craig Kenworthy 56 44:23 1386
- 5 77 Peter McKay 57 50:06 1391

12. 305 Jamul Toads-A ( 42:21 3:31:41 5:43)

=====

- 1 32 Jim Walsh 58 38:32 1455
- 2 65 Mario Balcom 53 42:29 1449
- 3 67 William Cleves 57 42:56 1451
- 4 69 Bryan Wallbank 50 43:29 1454
- 5 72 Sean Stevenson 53 44:15 1453
- 6 ( 75) Rick Siebern 58 44:46 1452
- 7 ( 76) Jorge Castro 50 49:07 1450